

# N I E

## Northern Illinois Endodontics

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Since you may experience some sensitivity or mild pain after your dental procedure we are recommending the following over the counter pain medications.

Recently the FDA regulations have changed allowing some prescription pain medications to be purchased over the counter. This allows you to use prescription level dosing with over the counter medication.

\*\*\*\*\*ALWAYS FOLLOW LABELING INSTRUCTIONS\*\*\*\*\*

Our recommendations are as follows:

### MILD PAIN

### SEVERE PAIN

\*\*\* ALEVE    1 every 8-12 hours

2 every 8-12 hours

You must wait at least eight (8) hours before taking another dose  
Not to exceed 1000 mg (5 Tablets) in a 24 hour period

\*\*IBUPROFEN 1-2 every 4 hours  
(Advil)  
(Motrin IB)  
(Nuprin)

3 every 5 hours

Not to exceed 3200 mg (16 Tablets) in a 24 hour period

\*\*\*TYLENOL    Take as directed on the bottle. DO NOT exceed recommended dose.

If you have a sensitivity or allergy to aspirin or to any medication you should check the package label to confirm the product will be safe for your use.

DO NOT EXCEED RECOMMENDED DAILY DOSAGE